

# Your guide to **being referred**

Let us walk you through the  
complete referral process



**smilecare**   
referral centre

You have been referred to us because your dentist feels you need the advanced skills and experience that our team can offer, as well as the specialised equipment necessary to provide the best possible standard of care for you.

We have an excellent reputation for both our dentistry and our customer service, and you can relax in the knowledge that you are in very good hands. The philosophy of the dentists at Smilecare has always been to provide our patients with the very best.

Our friendly team will explain your treatment to you, so you can make an informed decision about the options available to you, and we are always happy to answer any questions you may have.

Our professional team and treatments >>



"Thank you so much!  
I wouldn't hesitate in  
recommending your practice  
to a friend or relative."  
Mr M T, East Sussex

### Our professional team

All the dentists at Smilecare have additional postgraduate qualifications, ensuring they have the necessary skills and experience to deliver the very best standards of advanced dental care.

### Implantology

Implants are a great way of replacing one or more missing teeth with a permanent and natural-looking solution without damaging existing teeth in the process.

We use different systems, which allows us to accommodate your individual needs and budget.

At the first visit we will determine whether dental implant treatment is a suitable option and give you an idea of costs and the procedures involved.

### Endodontics

Root canal treatment can save the life of your tooth, enabling you to keep your natural teeth for years to come. Endodontic therapy is needed when the nerve inside the roots becomes infected. Over time this can lead to an abscess with damage to the bone around the tooth.

We use endodontic microscopes and the latest technology which enable us to carry out procedures to very high standards. We always ensure that treatment is comfortable, and once completed, you will return to your dentist for any filling or crown required.

### Orthodontics

Orthodontics is the art of straightening teeth by using braces. We offer a full choice of braces and appliances for people of all ages, including invisible and virtually invisible braces, braces which take significantly less time to straighten your teeth, and braces which are more budget-friendly.

After examining your teeth and talking with you about your treatment hopes and expectations, we will advise you on which treatment option is best suited to your lifestyle, your budget, and the results you wish to achieve.

Our highly qualified team has many years experience in orthodontics, and we have a strong focus on avoiding tooth extraction and improving the way your teeth work together.

### Periodontics

Periodontal treatment is required when you are suffering from advanced gum disease. Patients with gum disease are at risk of losing teeth as they become loose. Most gum conditions can be treated without resorting to tooth extraction or complex treatments if they are caught early enough.

The periodontist is a dentist who has undertaken extensive post-graduate training in the treatment of gum diseases.

At the first visit the periodontist will carry out a thorough examination of your teeth and gums, and will take any necessary x-rays. All the information is recorded on computer to allow future comparisons, so we can determine the success of any treatment.

You will be given advice on oral hygiene procedures, and the periodontist will outline the proposed treatment and costs.

### Hygienist

It is particularly important to ensure that your gums are healthy. These form the foundation of your smile, and provide vital support for your teeth. Studies have shown that gum disease is also tenuously associated with other general medical conditions including heart disease, diabetes and premature birth, making your oral health even more important.

Our team of hygienists play a key role in helping to keep your gums healthy as they can professionally clean your teeth and advise you on a good oral healthcare routine. They can also help to remove stubborn stains and improve the appearance of your teeth.

### CT Scan / Digital x-ray

A dental CBCT Scanner provides complete 3D views of your teeth and surrounding structures, giving us and your dentist a greater insight into any treatment required.

Your treatment can be planned very accurately, which in turn can reduce surgery time and makes any procedure much more accurate.

A comprehensive service

## What happens now

Once your dentist has formally referred you to us for treatment, we will get in touch with you to arrange an initial consultation. At this appointment, we will talk with you about the treatment and your needs and expectations. We will put together a written treatment plan which will explain what your treatment involves, and how much it will cost.

## Referral charter

We will only undertake the treatment that your dentist has specifically referred you for. It is important that you continue to visit your dentist for any treatment that we may suggest, and for your regular check-up examinations. We will keep your regular dentist fully informed throughout your treatment.

## Opening hours

Monday	8.00am - 5.00pm
Tuesday	8.00am - 5.00pm
Wednesday	8.00am - 5.00pm
Thursday	8.00am - 5.00pm
Friday	9.00am - 5.00pm
Saturdays	9.00am - 4.00pm
(Saturdays alternate, by appointment)	

## Parking

On-site parking available at the practice.

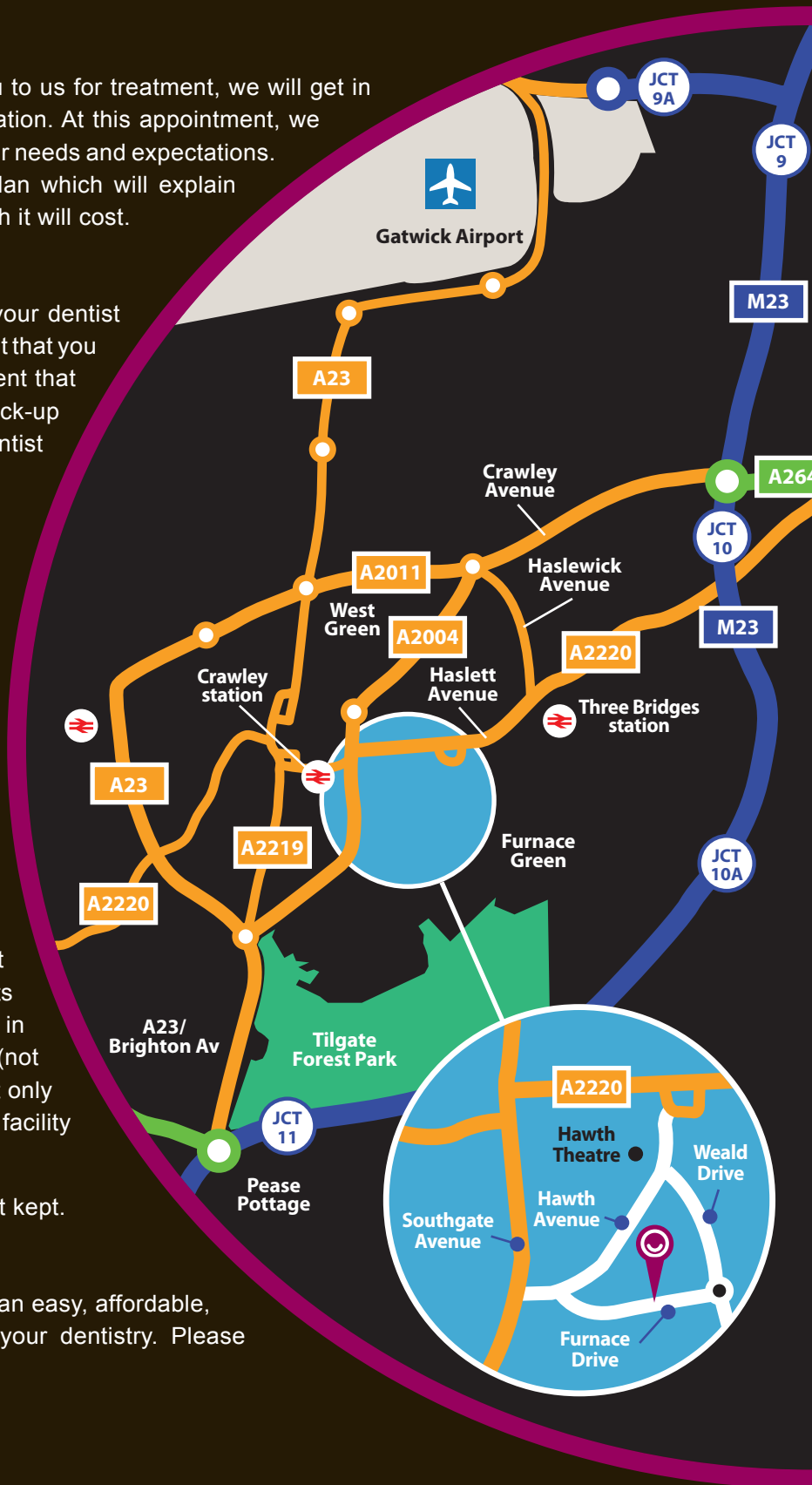
## Payment Details

Please be prepared to settle any fees at the treatment visit. For some treatments or appointments we will ask for payment in advance. We accept all major credit cards (not American Express), cash, and cheques (but only for payments in advance), and we have the facility to process Switch and Debit cards.

We do levy a charge if appointments are not kept.

## Interest-free Loan

We are pleased to advise that we can offer an easy, affordable, and interest-free way for you to pay for your dentistry. Please enquire at reception for further details.



**smilecare**  
referral centre

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